

April 2015 Senior Activities

https://register.communitypass.net/marlboro
www.marlboro-nj.gov
732-617-0367

Mon	Tue	Wed	Thu	Fri
<p><i>April 3rd</i></p> 	<p><i>April 5th</i></p> 	<p><u>1</u></p> <p>9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball III</p>	<p><u>2</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC</p>	<p><u>3</u></p> <p>NO PROGRAMS NO SHOPPING OFFICES OPEN</p> <p><i>Good Friday Passover begins @ sundown</i></p>
<p><u>6</u></p> <p>NO PROGRAMS OFFICES OPEN</p>	<p><u>7</u></p> <p>NO PROGRAMS OFFICES OPEN</p>	<p><u>8</u></p> <p>NO PROGRAMS OFFICES OPEN</p> <p><i>TRIP: Ragtime the Musical Bristol Riverside Theater, PA 10:45am-5:00pm</i></p> 	<p><u>9</u></p> <p>NO PROGRAMS OFFICES OPEN</p>	<p><u>10</u></p> <p>NO PROGRAMS NO SHOPPING OFFICES OPEN</p>
<p><u>13</u></p> <p>9:00am Yoga 10:00am BLOOD PRESSURE 10:00am Beginner Canasta NO TOTAL BODY WORKOUT 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting/Pickle Ball I</p>	<p><u>14</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1:00pm ALZHEIMER'S/CAREGIVER SUPPORT GROUP</p>	<p><u>15</u></p> <p>9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball III</p> 	<p><u>16</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC</p>	<p><u>17</u></p> <p>9:00am CHOLESTEROL SCREENING 9:00am Pickle Ball II 10:00am Intermediate Canasta 11:00am Shopping @ Shoprite 11:30am Yoga II</p> 
<p><u>20</u></p> <p>9:00am Yoga 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting 1:00pm Pickle Ball I</p>	<p><u>21</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1:00pm BINGO</p> 	<p><u>22</u></p> <p>9:00am Breakfast Club 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball III</p>  <p><i>TRIP: Your Blues Ain't Sweet Like Mine Red Bank, NJ 10am-5pm</i></p>	<p><u>23</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 1:00pm LECTURE: Break Free From PFDs</p>	<p><u>24</u></p> <p>9:00am Pickle Ball II 10:00am Intermediate Canasta 11:00am Shopping @ Wegmans/Target 11:30am Yoga II</p> 
<p><u>27</u></p> <p>9:00am Yoga 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting/Pickle Ball I</p> 	<p><u>28</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness</p>	<p><u>29</u></p> <p>9:30am Crochet Class 10:15am Serenity Tai Chi 11:30am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create a Masterpiece 1:00pm Pickle Ball III</p>	<p><u>30</u></p> <p>9:00am Strength Training Adv Strength Training 10:15am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC</p>	<p><u>SENIOR OFFICE EMAILS:</u> Denise: dbarry@Marlboro-nj.gov Linda: ldugan@marlboro-nj.gov Rosemary: rbrajczewski@marlboro-nj.gov</p>